NFL EXTRA

Week 4

Segment	TRT
Arian Foster	1:36
Chargers / Raiders	1:42
Jaws / Flacco / Vick	2:17
Fear the Beard	8:32

01:45:39 - ARIAN FOSTER

OPENING DAY. OPENING DAY. I DON'T EVEN KNOW YOUR NAME. WHAT'S YOUR NAME? TURN AROUND. LET ME SEE YOUR NAME. TURN AROUND. TURN AROUND. I DON'T KNOW YOU BRO. THAT DUDE, 27, I PLAYED WITH IN MY H.S. I PLAYED AGAINST HIM IN H.S. I FORGOT HE PLAYED ON THE TEAM. WE'RE ON THE GOAL LINE OVER THERE. I'M GETTING UP AND SWIPING AT HIM. OH, FORGOT ABOUT YOU, YEA. HEY, THESE PLAYS AIN'T GONNA MAKE THEMSELVES. LET'S GO GET IT BABY. LET'S GO GET IT MAN. THEY AIN'T GONNA MAKE THEMSELVES. WE'LL GO GET THEM MAN.

RADIO – HANDOFF FOSTER CUTS BACK. 10, 5, DIVES INTO THE END ZONE OVER A DEFENDER! WHAT A RUN BY ARIAN FOSTER WHO SAW CHRIS CLEMENS AT THE GOAL LINE AND SAID, "I'LL TAKE THE HIGH ROAD.

GONNA GET ANOTHER ONE. LET'S GO.

RADIO – SCHAUB HANDS OFF TO FOSTER RUNNING LEFT. SURGES FORWARD. ... AND IT'S OVER. THE TEXANS WIN 30-10.

WE WON BUT IT WASN'T CLEAN AS AN OFFENSE MAN. WE'RE GONNA CLEAN IT UP.

01:47:25 - CHARGERS/RAIDERS RIVALRY

RADIO – COMES DOWN TO WHAT IT ALWAYS DOES. THE CHARGERS AND RAIDERS HATE EACH OTHER. NOW THEY MEET HERE TODAY AND THE WINNER'S GOT THE INSIDE TRACK AT THE AFC WEST. THE SECURITY, YOU THOUGHT THE CHARGERS WERE FIGHTING AL-KEIDA. THEY'RE NOT. IT'S THE RAIDERS.

PUNCH IN THE MOUTH! LET'S GO!

ALL IT'S GONNA TAKE IS WHO PUNCHES WHO IN THE ..!

THE LAST TIME WE WAS...

GET OUT OF HERE ...! GO DOWN THE OTHER END!

IT'S A RIVALRY, HEATED BATTLE. HEY, MAN, WE'RE JUST READY TO PLAY MAN.

STOP DOING THAT MAN. DOING WHAT? THAT'S THE BIGGEST WIDE HOOK EVER IN THE LAST GAME. I HAD TO. HE HIT ME.

JUST KEEP WEARING THEIR ... DOWN. KEEP WEARING THEIR ... DOWN. RUN THEM DOWN TO A NUB.

RADIO – STABLER BACK. HERE COMES THE RUSH. HE SIDESTEPS. THE BALL FLIPPED FORWARD! THERE'S A WILD SCRAMBLE! 2 SECONDS ON THE CLOCK. ... GRABBING THE BALL! IT IS RULED A FUMBLE! CASPER HAS RECOVERED IN THE END ZONE! THE OAKLAND RAIDERS HAVE SCORED!

RADIO – THERE'S THE PROTECTION. PASS TO THE END ZONE LOOKING FOR JACKSON. CORLEY CAUGHT IT! TOUCHDOWN S.D.!

RADIO – WELL THE RAIDERS ARE IN TROUBLE. THE BLACK HOLE'S NOT HAPPY.

...HOME GAME. AND NOW HE'S MUTE. HE'S MUTE NOW. YA ALL THINK THAT'S A GOOD BLITZ?! YA ALL THINK THAT'S A GOOD BLITZ?! I'LL TALK FOREVER. I'M TALKING IN EVERY GAME. IT'S JUST FUN.

01:49:17 – JAWS W/VICK & FLACCO

FLACCO - YOU'RE LEADING THE NFL WITH 20.3 YDS. PER CATCH. YOU STILL ARE. PLUS YOU GOT A GUNSLINGER, MUSTACHED QB.

JAWS – THE GUNSLINGER. THE MUSTACHE QB. THANKS FOR SHAVING BY THE WAY. APPRECIATE IT!

FLACCO - THAT'S EMBARRASSING. THAT'S EMBARRASSING TO ME. RAVEN! RAVEN! ZOOM, OVER HERE. RIGHT STICKS!

JAWS – YOU HAVE THE STRONGEST ARM OF ANY QB IN THIS LEAGUE; AND I KNOW WE GOT AARON RODGERS AND MATTHEW STAFFORD AND A CAM NEWTON. A LOT OF GUYS WITH BIG STRONG ARMS. YOU CAN HUM IT BETTER THAN ANYBODY.

FLACCO – I APPRECIATE THAT LITTLE PLUG FOR ME. I DON'T KNOW IF YOU CAN REALLY MEASURE IT ONCE YOU GET UP TO THOSE GUYS. BUT I THINK THE BIGGEST THING WITH HAVING A STRONG ARM IN THE NFL IS TO MAKE THOSE INTERMEDIATE PASSES. HAVING A STRONG ARM GIVES YOU THE CONFIDENCE TO MAKE THOSE. IT GIVES YOU THE ABILITY TO PUT IT ON THE RECEIVER WITHOUT THE SAFETY DRIVING ON IT.

JAWS – THE 49ERS NOW. THEY'RE PLAYING A LITTLE 4-MAN RUSH BUT THAT 4TH RUSHER IS SPYING YOU.

VICK – WELL...AND THAT'S PATRICK WILLIS.

JAWS – AS WE SEE HIM RIGHT HERE. NOW HE'S FOCUSED ON YOU. (YEA.) HE'S GONNA SAY, "HEY, MICHAEL, YOU'RE NOT GETTING AWAY FROM ME" BUT YOU DO!

VICK – I LOVE HAVING A SPY. IT TAKES 1 GUY OUT OF THE PASSING GAME. (YEA.) IT'S ADVANTAGE EAGLES ALL DAY.

JAWS – BEFORE YOU WERE DOING THAT STUFF THERE WAS THE OLD #7 IN PHILA. HOW YOU DUCK UNDER THOSE PASS RUSHERS. I SEE YOUR GAME. SEE.

VICK – I THINK YOU SPED YOUR FILM UP A LITTLE BIT. HE'S MOVING FAST.

JAWS - THE RAVENS WIN BECAUSE OF THEIR DEFENSE.

RESPECT! IT'S EARNED!

JAWS – DOES THAT PERCEPTION BOTHER YOU AT ALL?

FLACCO – AS LITTLE BIT. IF YOU PAY ATTENTION TO IT, IT DEFINITELY BOTHERS YOU A LITTLE BIT. BUT IT'S BEEN FOR YEARS DEFENSE AND RUNNING THE BALL IN BALT. IT'S KIND OF TOUGH TO GET EVERYBODY OUT OF THAT MODE.

JAWS – YOU GOT HIT 209 TIMES IN 13 GAMES.

VICK – I HAVE TO PROTECT MYSELF. I KNOW HOW IMPORTANT IT IS BECAUSE I HEAR IT FROM MY TEAMMATES ALL DAY. THEY'RE NOT SAYING "GOOD RUN". THEY'RE SAYING, "GET DOWN."

I KNOW YOU WANT TO GET THAT FIRST BUT THINK ABOUT IT. YOU KNOW THEY'RE TRYING TO HIT YOU.

VICK – I DON'T WANT THAT TO BE MY MAIN FOCUS ON NOT GETTING HURT BUT TO BE CONSCIOUS, I CAN DO THAT. THAT'S PART OF BEING DISCIPLINED.

01:51:40 - FEAR THE BEARD – BRETT KEISEL

GREW UP HUNTING AND FISHING AND JUST HAVING A PASSION FOR THE OUTDOORS. I'M PROBABLY AN AVERAGE FLY FISHERMAN. I STARTED FISHING WHEN I WAS VERY YOUNG, AND IT'S A GREAT CHALLENGE. I LOVE A GOOD CHALLENGE.

FISHING, JUST LIKE LIFE, REQUIRES PATIENCE. BECAUSE SOMETIMES IT TAKES A MAN A WHILE TO LAND THE BIG ONE.

IN 2002, BRETT KEISEL ARRIVED IN PITTSBURGH AS A SEVENTH ROUND DRAFT PICK OUT OF BRIGHAM YOUNG.

THE KID FROM GREYBULL, WYOMING WAS AN UNKNOWN NAME, AND FACE, IN THE STEEL CITY.

HIS FIRST FOUR SEASONS, HE WAS A SPECIAL TEAMER WHO DIDN'T START A SINGLE GAME.

HE FINALLY CRACKED THE LINEUP IN 2006 (HEY! BRING SOME ENERGY! WE'RE GOING! WE'RE GOING!) AND HE'S BEEN A STARTER EVER SINCE.

HE PROBABLY RUNS AS WELL AS ANY BIG MAN I'VE EVER SEEN. BRETT KEISEL HAS MADE HIMSELF INTO ONE OF THE FINEST DEF. PLAYERS, PARTICULARLY LINEMAN, IN THE GAME. HE GETS BETTER EVERY YEAR.

AS GOOD AS HE'S BEEN AT CATCHING BALL CARRIERS AND QUARTERBACKS, FOR MOST OF HIS CAREER, BRETT KEISEL DIDN'T CATCH A LOT OF ATTENTION.

COME HERE YOU. COME TO PAPA. AHHH, RATS! SO CLOSE.

BUT THAT'S THE FUNNY THING. JUST WHEN YOU LEAST EXPECT IT, SOMETHING BIG COMES OUT OF NOWHERE.

SOMETIMES, YOU JUST NEED THE RIGHT HOOK.

IT WAS IN THE OFFSEASON AND HOCKEY WAS GOING ON, AND I SAW ALL THESE GUYS IN THEIR PLAYOFF BEARDS AND I WAS LIKE, "MAN, I DON'T EVER REMEMBER REALLY AN NFL PLAYER REALLY GETTING SOME SERIOUS GIRTH."

SO IN 2010, BRETT KEISEL WENT FROM THIS / TO THIS.

I SAID, "IF WE PUT 3 LOSSES IN A ROW, I'M GONNA GET RID OF IT." YOU KNOW WHAT? AS LONG AS WE'RE WINNING GAMES I'M GONNA LET THIS THING GROW." HOW'S THE BREAD LOOKING? LOOKING ALRIGHT? I USED SOME CONDITIONER THIS MORNING. IT'S READY TO GO!

RADIO – HE'S BACK. HE THROWS A SCREEN OUT TO THE LEFT BUT IT'S INTERCEPTED ON THE TIP! BRETT KEISEL GOT IT!

IN 2010, THE STEELERS KEPT WINNING, AND THE BEARD KEPT GROWING.

RADIO – KEISEL SCORES A HOMERUN INTERCEPTION! DID YOU SEE THAT SPEED DEMON?!

KEISEL – THEN WE WENT TO THE SUPER BOWL AND ONCE THE NATL. MEDIA GOT A HOLD OF IT, THAT'S WHERE IT REALLY JUST WENT TO A WHOLE NEW LEVEL, AND THERE BECAME LIKE A WHOLE BEARD NATION REALLY.

RADIO – BRETT KEISEL HAS BEEN MAKING QUITE A BIT OF NEWS. DEION, HE HAS NOT SHAVED SINCE JUNE.

DEION - WHO'S MORE READY FOR THIS GAME, YOU OR THE BEARD?

KEISEL – I WOULD SAY I AM. THE BEARD'S GETTING TOO CAUGHT-UP IN ALL THIS MEDIA ATTENTION, BASKING IN ALL THIS GLORY. IT NEEDS TO FOCUS MORE ON THE GAME.

DEION – IS THERE FLEAS IN THAT THING?

KEISEL – NO, THERE'S NOT MAN. I TAKE REALLY GOOD CARE OF THIS THING.

IN 2011, THE BEARD WAS BACK. AND HELPED LEAD FOOTBALL'S TOP-RATED DEFENSE.

RADIO - BRETT KEISEL STRIPS THE BALL AS BRADY WAS TAPPING IT.

THE BEARD SEEMED ALL POWERFUL. // BUT NOT WITHOUT ITS FLAWS.

KEISEL – THE WORST PART, HONESTLY, IS THE MUSTACHE. IN FACT, COACH TOMLIN GETS SICK OF ME IN MEETINGS BECAUSE I'M CONSTANTLY LIKE PLAYING WITH MY MUSTACHE, TRYING TO GET IT TO FORM OUT OF MY MOUTH.

TOMLIN - I CALL HIM A CAVEMAN BECAUSE, IN A LOT OF WAYS, HE IS!

LAST YEAR, BRETT AND THE BEARD RETURNED TO THE SUPER BOWL / THIS TIME AS A SPECIAL "HAIR" CORRESPONDENT.

I THOUGHT I'VE GOTTA TOUCH IT.

GO AHEAD DAVID.

OH MAN. OH, THAT IS SO COOL.

CAN I FEEL IT?

THAT LOOKS LIKE YOU'RE TRYING TO SWALLOW A CAT.

HOW YOU DOING BUDDY? (VERY WELL.) CONGRATULATIONS MAN. (YOU STRIP SACKED ME LIKE 9 WKS. AGO.) I'M SORRY. I'M SORRY.

JUSTIN, HOW YOU DOING MAN? HOW YOU FEELING? (OH GOD.) WHAT? (YOU'RE MY IDOL, BY THE WAY.) MAN, I LOVE YOUR BEARD TOO. IT LOOKS GREAT. (I HAD TO CUT MINE OFF. IT WAS ITCHY. HOW DO YOU DO THAT?)

I JUST WANTED TO ASK YOU, HAVE YOU EVER LET YOUR BEARD TO GET TO SOMETHING LIKE THIS? (THAT'S IMPRESSIVE.)

COACH, DO YOU THINK HAIR'S GONNA BE A FACTOR IN THIS GAME? HAIR? (I DON'T THINK SO.)

CONGRATULATIONS MAN . APPRECIATE YOU TALKING TO ME. (THANK YOU. STAY OUT OF OUR BACKFIELD.)

WHAT DO YOU THINK ABOUT PLAYOFF BEARDS? (I DON'T THINK YOU'LL SEE ME WITH ONE.)

HE HAS THAT CULT, A FOLLOWING. NOT ONLY IN PITTS. EVERYWHERE. AND IF YOU SAW BRETT KEISEL ON THE STREET, YOU WOULD NOT KNOW THAT'S 99 WITHOUT THAT BEARD.

THANKS FOR COMING DOWN TO THE SOUTHSIDE FOR THE 2ND ANNUAL SHEER THE BEARD!

TOMLIN – THIS IS WHAT HE DOES IN THE BUILDING DURING THE DAY. SO I'VE ALWAYS WANTED TO CUT THAT ELEMENT OUT. WE RAISED THOUSANDS OF DOLLARS FOR CHILDREN'S HOSPITAL. SO WHEN YOU KIND OF REALLY LOOK AT THE TOTALITY OF IT NED SEE THE POSITIVE THINGS THAT HE'S DOING WEARING THE BEARD, AND THE AMOUNT OF FUN HE'S HAVING WITH IT IS REALLY AWESOME.

IT'S BEEN SHEERED. LET'S HEAR IT! THE NEWLY SHORN BRETT "THE DIESEL" KEISEL!!! THE QUESTION EVERYONE WANTS TO KNOW, BEFORE YOU GET GOING MAN, ARE YOU GROWING THE BEARD BACK AGAIN?

I DON'T KNOW. I THINK I LIKE THE IDEA. SHOULD I?

NEVER FEAR, THE BEARD HAS RETURNED FOR A THIRD SEASON. AND IT ARRIVED AT TRAINING CAMP IN STYLE.

YEA, I LET IT GO A LITTLE BIT EARLIER AND I'M EXCITED TO SEE WHAT IT LOOKS LIKE. I'VE GOT ABOUT 2 MTHS. GOING RIGHT NOW SO IT SHOULD BE LONGER AND MORE BEAUTIFUL THAN EVER. THERE IS NO TURNING BACK. I HAVE TO BRING IT BACK EVERY YEAR. I'VE TRIED TO NOT LET ANY OF THIS CHANGE ME. I TAKE PRIDE IN BEING THE SAME GUY I WAS 5, 6, 7 YRS. AGO. THAT MOUNTAIN MAN FROM WYOMING.

THAT MOUNTAIN MAN HAS FINALLY CAUGHT ON TO SOMETHING BIG.

YEA!! 10 LB. RAINBOW! THAT'S PROBABLY THE BIGGEST FISH I'VE EVER LANDED ON A FLY ROD.

FOR BRETT KEISEL, LIFE IS GOOD. / (I LOVE IT!) THE FISH KEEP ON BITING/ AND HIS LEGEND KEEPS ON GROWING.

(END)